



Kingswood Education Catering

Earl Spencer Primary Menu Autumn 2017



School Training days are **NOT** noted on this menu – please refer to your Child’s School for accurate dates.

How to order:

Online: www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.
Please note there is a 10p per transaction fee for using this service.

If you are not able to order via the internet give our office a call on 01536 201203 between 9am and 4pm so that we can arrange an alternative ordering method for you.

The price of a school dinner is **£2.30** per day, **£11.50** per week. Children entitled to Free Meals can make a choice and order online.

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. We're sorry but if you miss the order cut-off date we are unable to accept late orders.
If you have any difficulties ordering online please contact the office email enquiries@kingswoodcatering.co.uk

Special Offer: 3 children for the price of 2 on full weeks – please ring our office 01536 201203 for details – conditions apply.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before. Please contact our Office on 01536 201203 or email enquiries@kingswoodcatering.co.uk

Weeks commencing: 04/09/2017 25/09/2017 16/10/2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Turkey Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Sausages New Potatoes Baked Beans	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Fresh Carrots	Salmon and Sweet Potato Fishcake Chips Garden Peas
Vegetarian alternative	Diced Quorn Frankfurter in Tomato Sauce Wholemeal Pasta Sweetcorn	Linda McCartney Sausages New Potatoes Baked Beans	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Plain Omelette Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll (New Recipe)	Sliced Cheddar Cheese Wholemeal Sandwich
Halal/Salad option	Diced Quorn Frankfurter in Tomato Sauce Wholemeal Pasta Sweetcorn	Halal Chicken Sausage New Potatoes Baked Beans	Halal Chicken Tikka Naan Bread Rice Mixed Vegetables	Diced Halal Chicken in Gravy Roast Potatoes Diced Fresh Carrots	Italian Bean and Pasta Salad
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans
Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice					
Pudding	Mousse Swirl	Fresh Fruit Platter	Yoghurt with Fresh Fruit	Guilsborough Biscuit	Iced Carrot Cake

Week Commencing **11/09/2017** **02/10/2017**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Fillet in a bun Tomato Ketchup Herb Potatoes Sweetcorn	Beef Bolognaise Pasta Mixed vegetables	Ham Pizza Coleslaw	Roast Chicken with Gravy Roast Potatoes Diced Fresh Carrots	Fish in Batter Chips Garden Peas
Vegetarian alternative	Linda McCartney Sausage in a bun Tomato Ketchup Herb Potatoes Sweetcorn	Minced Quorn Bolognaise Pasta Mixed vegetables	Cheese Pizza Coleslaw	Roast Quorn Fillet in Gravy Roast Potatoes Diced Fresh Carrots	Cheese & Pepper Quiche Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll (New Recipe)	Sliced Cheddar Cheese Wholemeal Sandwich
Halal/Salad Option	Halal Lamb Burger in a Bun Tomato Ketchup Herb Potatoes Sweetcorn	Halal Chicken Bolognaise Wholemeal Pasta Mixed Vegetables	Cheese and Tomato Pizza Coleslaw	Diced Halal Chicken in Gravy Roast Potatoes Diced Fresh Carrots	Pasta with Tuna and Olive Oil
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans
Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice					
Pudding	Frozen Yoghurt	Fresh Fruit Platter	Chocolate Sponge with Crème Fraiche	Yoghurt with Fresh Fruit	Banana Bread

Weeks commencing: **28/08/2017** **18/09/2017** **09/10/2017**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs in Tomato Sauce Wholemeal Pasta Sweetcorn	Mexican Beef Chilli Taco Salad	Marinated Chicken Fillet New Potatoes Baked Beans	Roast Turkey Fillet in Gravy Roast Potatoes Diced Fresh Carrots	Ultimate Fish Fingers Chips Garden Peas
Vegetarian alternative	Quorn Swedish Balls in Tomato Wholemeal Pasta Sweetcorn	Macaroni Cheese Salad	Cheese and Tomato Omelette New Potatoes Baked Beans	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Vegetable Samosas Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll (New Recipe)	Sliced Cheddar Cheese Wholemeal Sandwich
Halal/Salad Option	Diced Halal Sausages in Tomato Sauce Wholemeal Pasta Sweetcorn	Halal Chicken Chilli Taco Salad	Vegetable Samosas New Potatoes Baked Beans	Diced Halal Chicken in Gravy Roast Potatoes Diced Fresh Carrots	Greek Salad with Crusty Roll
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans
Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice					
Pudding	Blueberry Muffin	Fresh Fruit Platter	Yoghurt with Fresh Fruit	Chocolate Flavoured Cookies	Lemon Drizzle Cake

Drinking water and plain wholemeal bread is available daily. A selection of fruit is available daily as an alternative to the pudding advertised. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that the all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Please see 'more information' on our website menus for allergen information.